



July Gym Schedule

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 OPEN GYM 5:30 am – 9:15 pm	2 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 7:45 pm	3 OPEN GYM 8:00am – 3:45pm
4 YMCA CLOSED Happy 4 th of July!	5 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	6 OPEN GYM 5:30 am – 9:15 pm	7 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	8 OPEN GYM 5:30 am – 9:15 pm	9 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 7:45 pm	10 OPEN GYM 8:00am – 3:45pm
11 OPEN GYM 2:00 pm – 5:45 pm	12 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	13 OPEN GYM 5:30 am – 9:15 pm	14 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	15 OPEN GYM 5:30 am – 9:15 pm	16 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 7:45 pm	17 OPEN GYM 8:00am – 3:45pm
18 OPEN GYM 2:00 pm – 5:45 pm	19 OPEN GYM 5:30 am – 9:15 am Youth Basketball Camp 9:15 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	20 OPEN GYM 5:30 am – 9:15 am Youth Basketball Camp 9:15 am – 11:45 am OPEN GYM 11:45 am – 9:15pm	21 OPEN GYM 5:30 am – 9:15 am Youth Basketball Camp 9:15 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	22 OPEN GYM 5:30 am – 9:15 am Youth Basketball Camp 9:15 am – 11:45 am OPEN GYM 11:45 am – 9:15pm	23 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 7:45 pm	24 OPEN GYM 8:00am – 3:45pm
25 OPEN GYM 2:00 pm – 5:45 pm	26 OPEN GYM 5:30 am – 8:45 am Youth Volleyball Camp 8:45 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	27 OPEN GYM 5:30 am – 8:45 am Youth Volleyball Camp 8:45 am – 11:45 am OPEN GYM 11:45 am – 9:15pm	28 OPEN GYM 5:30 am – 8:45 am Youth Volleyball Camp 8:45 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 9:15 pm	29 OPEN GYM 5:30 am – 8:45 am Youth Volleyball Camp 8:45 am – 11:45 am OPEN GYM 11:45 am – 9:15pm	30 OPEN GYM 5:30 am – 11:45 am Adult Basketball* 11:45 am – 1:15 pm OPEN GYM 1:30 pm – 7:45 pm	31 OPEN GYM 8:00am – 3:45pm

*** Participants of Adult Lunchtime Basketball must be at least 19 years of age.**

Please Note: If there is inclement weather the YMCA Summer Day Camp Program may be using the gym during Open Gym time.